



Beginner

THEATRE (DRAMA) 1st Year

COURSEOUTLINE

INTRODUCTION

A Theatre and Drama course provides a comprehensive understanding of the theatrical art form, encompassing theoretical, practical, and technical aspects. It explores dramatic theory, acting, directing, playwriting, design, and theatre history. These courses often include practical exercises, productions, and critical analysis, fostering skills in communication, collaboration, and creative expression.

OVERALL OBJECTIVES

1. Artistic Development: Enhance acting skills, creativity, and stage presence.
2. Confidence Building: Foster self-awareness, self-expression, and public speaking skills.
3. Cognitive Growth: Analyse scripts, develop critical thinking, and understand theatre history.
4. community Building: encourage ensemble spirit, cultural awareness, and empathy.
5. Therapeutic Benefits: Promote emotional release, stress relief, and self-confidence
6. Educational Enhancement: Improve communication creativity, and teamwork skills.
7. Performance Excellence: Master stage presence, character development, and improvisation.
8. Cultural Appreciation: Preserve cultural heritage, promote cross-cultural understanding, and celebrate diversity.

Method of Assessment			
SL No	Task	Month of Assessment	Marks
1	Practical Assessment 1	September/October/November	10
2	Practical Assessment 2	December/January/February	10
3	Practical Assessment 3	March/April/May	20 + 10
	Project Submission, Dairy, Notes		
		Total	50

Note: Performance may be in group but marks will be allotted individually.

Schedule of Teaching

Periods	Topic	Subtopic	Class activity
1	Theatre Introduction	Explain Why Theatre Practice is Important.	Explanation, Learning and Practicing
	Theatre Games	Memory Games	
	Basic exercise	Body Exercise (Head to Toe)	
2	Theatre Games	Memory Games	
	Basic exercise	Body Exercise (Head to Toe)	
3	Theatre Games	Memory Games	
	Exercise	Breathing Exercise	
4	Theatre Games	Memory Games	
	Exercise	Breathing Exercise	
5	Theatre Games	Memory Games	
	Exercise	Voice Exercise (Base)	
6	Theatre Games	Memory Games	
	Exercise	Voice exercise (Naabhi, Kantha, Naasika)	
7	Theatre Games	Memory Games	
	Speech clarity	Speech & Clarity	
8	Voice exercise	Revision (Naabhi, Kantha, Naasika)	
	Speech clarity	Tongue Twister Words	
9	Voice exercise	Revision (Naabhi, Kantha, Naasika)	
	Speech clarity	Tongue Twister Words	
10	Voice exercise	Revision (Naabhi, Kantha, Naasika)	
	Speech clarity	Tongue Twisters	
11	Speech clarity	Tongue Twisters	Explanation, Learning and Practicing
		Udhgosha (Birudaavali)	
12	Speech clarity	Tongue Twisters	
		Udhgosha (Birudaavali)	
13	Speech clarity	Tongue Twisters	
		Udhgosha (Birudaavali)	
14	Speech clarity	Tongue Twisters	
		Udhgosha (Birudaavali)	
15	Speech clarity	Tongue Twisters	

		Udhgosha (Birudaavali)	
16	Debate day 1	Positive Arguments	
	Mobile use	Negative Arguments	
17	Debate day 2	Positive Arguments	
	About company	Negative Arguments	
18	Debate day 3	Positive Arguments	
	Film & Drama	Negative Arguments	
19	Debate day 4	Positive Arguments	
	Job / Business & Govt / Private	Negative Arguments	
20	Watching (Children's) Drama	Dharani Mandala (Drama)	
		Discuss about Drama	
21	Watching (Children's) Drama	Dharani Mandala (Drama)	
		Discuss about Drama	
22	Watching (Children's) Drama	Alilu Ramayana (Drama)	
		Discuss about Drama	
23	Watching (Children's) Drama	Alilu ramayana (Drama)	
		Discuss about Drama	
24, 26	Theatre History (Theory)	Greek Theatre and Greek Stage	
		1 st Actor (Thespis), Group (Chorus).	
26,27 28	Theatre History (Theory)	Greek Writers and Dramas.	
		Greek Costume, and Property	
29,30	Observation Classes	Group and Individual Work (Family, Friends,)	
	Observe and Act		
31,32	Observation Classes	Find the Shape (Wall, Floor)	
	Observe and Act	Animals , Insects	
33,34	Observation Classes	Observe and Join	
	Observe and Act	(Temple, School, Washing, Farming, Travel in Bus / Train.	
35,36	Observation and Act	Thief, Police, Teacher	
	Realistic and Drama	Different Act	
37	Observation Activity	From?	
38	Observation Activity	To?	
39	Observation Activity	Where?	
40	Observation Activity	Who? (character)	
41	Observation the Feelings	Character Feels	

Explanation,
Learning and
Practicing

42	Rhythm Walk	Stage Walk With Rhythm	
	Rhythm Steps	Body Movements with Music	
43	Rhythm salk	Stage Walk with Rhythm	
	Rhythm steps	Body Movements with Music	
44	Kolata	Background of the Folk Dance Kolata	
		1.Bicchugolu (Steps 1,2)	
45	Kolata : Revision	1.Bicchugolu (Steps 1&2)	
	Practice	(steps 3 & 4)	
46	Kolata : Revision	1.Bicchugolu (Steps 1,2,3,4)	
	Practice	2. Toogolu (Steps 1&2)	
47	Kolata : Revision	1.Bicchugolu (4 Steps) 2.Toogolu (2 Steps)	
	Practice	2. Toogolu (step 3 & 4)	
48	Kolata : Revision	1.Bicchugolu & 2.Toogolu Steps (1,2,3,4)	
	Practice	(3.Bandi) Step 1&2	
49	Kolata : Revision	1.Bicchugolu 2.Toogolu 3.Bandi. (Steps)	Explanation, Learning and Practicing
	Practice	4. suttugolu (Step 1&2)	
50	Kolata : Revision	1.Bicchugolu 2.Toogolu 3.Bandi. 4.Suttugolu (4Steps)	
	Practice	4. Suttugolu (Steps 3&4)	
51	Kolata : Revision	1.Bicchugolu 2.Toogolu 3.Bandi. 4.Suttugolu (4Steps)	
52, 53, 54, 55 56, 57	Rangageete	Revision	
	Rangageete and Kolata Song	Rangageete (8) and Kolata song (8)	
58, 59, 60, 61 62, 63	4 Kolata Steps	Revisions and Practicals (Kolata)	
	Rangageete & Kolata Songs		
64, 65 66, 67	Drama Practice	Script Reading	
68, 69 70	Drama Practice	Script Improvisation	
		Character (Role) Sharing	
71 to 78	Drama Practice	Scene Work (Blocking and Practice)	Explanation, Learning and Practicing
79 to 86	Drama Practice	Dialogue Practice	
87 to 91	Drama practice	Practice with Music	
92 to 96	Drama Practice with	Revisions and Practical	Explanation, Learning and

	Music, Lights, Property and Set.		Practicing
96,97	5 Sense 1. Sight	1. Nature Walk (Activity)	
		2. I Spy	
98,99	5 Sense 2. Hearing	1. Listen and Identify	
		2. Sound Scavenger Hunt	
100, 101	5 Sense 3. Touch	1. Touch and recognition	
		2. Touch and Find	
102, 103	5 Sense 4. Smell	1. Smell the objects	
		2. Smell and Find	
104, 105	5 Sense 5. Taste	1. Taste sense Activity 1	
		2. Taste sense Activity 2	
106,110	Udghosha and Tongue Twisters.	Birudaavaligalu, Dialogue Practice. (Improvise, Blocking the Scene)	Explanation, Learning and Practicing
111 to 112	Vachika Vinyasa	Revision and practicals	